

## **VIRTUAL REALITY HEALTH AND SAFETY NOTICE**

### **Please read this notice before you book your VR experience**

By participating in *Chalkroom*, you agree that you have read and understood the following information.

#### **Adverse effects**

*Chalkroom* is a virtual reality (VR) experience and is not recommended for pregnant women or people who suffer from: epilepsy, motion sickness, sensitivity to heights, vertigo, hypertension, heart disease, respiratory problems, prone to seizures and claustrophobia.

#### **Stop using if you experience any discomfort**

PICA stipulates that you must stay seated during the experience. If at any point during the experience you have technical difficulties or feel discomfort, please make a clear verbal gesture to notify staff.

#### **Photosensitive Seizures**

Like other products that produce visual effects, use of this VR product may trigger epileptic seizures, seizures, fainting, or severe dizziness, even in people who have no history of these conditions. If you have a previous history of epilepsy or seizures, loss of awareness, or other symptoms linked to an epileptic condition, consult your doctor before using the product. To reduce the likelihood of a seizure, do not use the product if you are tired or need sleep.

#### **Physical and Psychological Effects**

Content viewed using any VR product can appear very life-like and may cause your brain and body to react accordingly. Certain types of content (e.g. heights and sensation of flying) could trigger increased heart rate, spikes in blood pressure, panic attacks, anxiety, PTSD, fainting, and other adverse effects. If you have a history of negative physical or psychological reactions to certain real life circumstances (e.g. heights), we recommend that you avoid engaging in this experience.

#### **Radio Frequency Interference**

The VR equipment can emit radio waves that can interfere with the operation of nearby electronic devices. If you have a cardiac pacemaker or other implanted medical device, we recommend that you do not engage in this experience until you have consulted with your doctor or the manufacturer of your medical device.

#### **Prescription Eyewear**

If you wear glasses, you have the option to keep them on and staff can adjust the headset to fit (please note, this narrows the field of vision inside the experience). We recommend contact lenses to maximise your experience or trying without glasses.

#### **Accessibility**

Please let staff know if you have any special requirements to accommodate; vision or hearing impairment, limited mobility, and hyper-sensitivity to sound or light.

#### **Use by Children**

The VR equipment and experience were not designed to be used by children. PICA advises that it is not suitable for children under the age of 8. If a parent or guardian of a child under the age of 12 permits their child to participate in the VR experience, they are required to supervise their child and monitor them for any adverse effects.

#### **Hygiene**

Headsets and handsets are cleaned after each session with anti-bacterial wipes. For the safety of staff and other visitors please use the hand sanitiser provided before entering.

You may be refused admission if staff suspect you are under the influence of drugs and/or alcohol.